

THE BALANCED LIFE**MAIN TAKEAWAY**

We were created by God and for God. The meaning of life is found in worshiping God, discovering His plan, and walking in His ways. We should glorify God in everything we do!

INTRODUCTION

In this new series, Pastor Greg shared about how we exist as the church for three purposes: the glorification of God (Upward), the edification of the saints (Inward), and the evangelization of the world (Outward). These have been the priorities of Harvest Church for over 50 years, and we can always be reminded of these non-negotiables. We must focus on all three for a healthy and balanced walk with the Lord. And it all starts with our upward focus: knowing and glorifying God.

Pastor Greg mentioned how he is learning to walk again after his recent surgery, and that it begins with balance. What is one area of your life where you need balance?


 **What does it look like to live a well-balanced spiritual life (1 Timothy 4:7-8)?**

UNDERSTANDING

READ ACTS 2:42-47

How did the church in Acts have an upward, inward, and outward focus?

Like a three-legged stool, worship, teaching, and evangelism are all needed for spiritual balance. What may happen if a church or a Christian emphasizes one at the expense of the others? How can we prevent this from happening?

 **Pastor Greg explained, “The Christian life is like a relay race, where we carry the baton and pass it on.” How are these spiritual commitments passed on to each generation (2 Timothy 2:2), and how can you personally participate (Acts 13:36)?**

READ REVELATION 4:1-11

Why Do We Exist? How does a biblical perspective on the purpose of life differ from that of most people in our culture today (1 Corinthians 10:31)?

Why won't we find pleasure by living for pleasure? Why is true joy found in knowing and glorifying God (John 10:10; 1 Corinthians 6:19–20)?

What is Worship? How is it tied to worth, affection, and service (Revelation 5:11–14)?

How does this scene from Heaven reveal our purpose on Earth? In what way is life preparation for eternity, and how are you preparing?

What is the Meaning of Life and Death? How does Paul summarize the Christian worldview, and how can you personalize his statements (Philippians 1:21–23; 3:9–11)?

Read 2 Corinthians 5:1–10. What are some reasons why Heaven is better than Earth? How does this future reality impact your present goal to glorify God?


APPLICATION

Our focus at Harvest is to be a W.E.L.L. church—to worship, evangelize, learn, and love. Share about how you have grown in your faith through the ministry of our church.

Is your life spiritually balanced? Identify which direction needs more attention in your life—upward in worship, inward for growth, or outward for evangelism. What steps can you take to grow in this area, and how can this group help?

Pastor Greg asked, “What gets you up in the morning—an alarm or a calling?” How was this message a “wake up” call or a reminder for you to live each day with an intentional focus to glorify God?

PRAYER

 **Thank God that He created you to know and glorify Him. Pray for spiritual health and balance by focusing on worship, growth, and evangelism. To God be the glory!**