THE HOLY SPIRIT & YOU

*Finding Your Spiritual Gifts*

harvest Groups

**ROMANS 8**

November 15, 2026

# HOW TO WALK IN THE SPIRIT

## MAIN TAKEAWAY

To walk in the Spirit is to know, understand, and love the Holy Spirit—to live in communion with God by following His pace and staying in harmony with Him.

## INTRODUCTION

**Like assembling a piece of IKEA furniture, Pastor Greg's last message on "The Holy Spirit & You" taught us how to put everything together and live it out in the real world. How would you explain to someone what it means to "walk in the Spirit"?**

**What has been your biggest takeaway from this series? How will you personally respond (Luke 11:13; Acts 4:29-31)?**

## UNDERSTANDING

***READ ROMANS 8:1-17***

***The Spirit-filled believer walks with God*** **(Genesis 5:22-24). In what ways does this imply progress, cooperation, and communication?**

***Walking in the Spirit means a condemnation-free life*** **(v.1-4). Why can't Christians be condemned? How does this provide the perspective that "God sees us for what we will become, not just who we are"?**

***The best way not to go backward is to go forward in the Spirit*** **(v.4). Describe the contrast between Romans chapter 7 and 8. Why is "the best defense a good offense"?**

***The Spirit-led believer is spiritually minded*** **(v.5). What does the Holy Spirit want us to think about (see v.14, 16, 26)?**

***The Spirit-led believer is filled with faith instead of fear*** **(v.28). How do believers know that God is in control (v.32)? What should you do if you begin to doubt God's love?**

***The Spirit-led believer overcomes sin*** **(v.11-12). Why is it not *hard* to be a Christian, but "impossible" (v.13; Zechariah 4:6)? Why don't we have to hold onto any sin, habit, addiction, or vice?**

***The Spirit-led believer reaches others with the gospel*** **(Acts 1:8). Why was the Holy Spirit sent on the day of Pentecost? How does the Spirit empower you for evangelism, and where does this happen?**

# APPLICATION

**In your walk with God, if He sets the pace, how do you keep in sync with Him? What happens when you don't stay in harmony with Him?**

**Romans 8 begins with "no condemnation" and ends with "no separation" (v.1, 39). How are these truths connected? How does this help you think about the things of the Spirit—His leadership and provision, and your identity as a child of God?**

**Pastor Greg explained, "We don't believe in coincidence, but rather, in providence." How does walking in the Spirit and following His lead help you have this perspective in the small, big, disappointing, and happy events of life?**

# PRAYER

Give thanks for the person and power of the Holy Spirit. Bring your needs to God, and ask to be led and filled by the Holy Spirit (Luke 11:13).